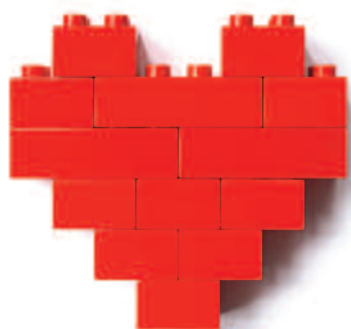




CHILDREN'S

GRIEF CENTRE



Annual Report 2022

**“Making a difference in the lives of children
and young people affected by loss”**



CHILDREN'S

GRIEF CENTRE

About the Children's Grief Centre

The Children's Grief Centre provides a support service to children and young people affected by loss through bereavement, separation, or divorce. In 2022 306 children and young people attended the Centre for one-to-one sessions with our support workers up from 232 children in 2021, this is the highest number of children seen in a year since the charity's inception in 2009.

It reflects the increasing awareness of the support service being offered at the Children's Grief Centre and the increasing demand for our service is evident in the continued high numbers on our waiting list of 179 children at the end of 2022.

Our service is free, however as a registered charity we always welcome donations. The Centre addresses the need for support for children and young people who are grieving. The service we offer at the Children's Grief Centre is a listening service that helps children and young people better understand and normalise their feelings. Children adapt to loss to a great extent on how those around them support them in the grieving process. Without the support provided by the Children's Grief Centre, many children would experience long term mental health problems.

> **Mission**

The mission of the Children's Grief Centre is to provide support for school aged children and young people affected by loss through death, separation, or divorce. We offer a safe and supportive place for children, young people and their families who are grieving. The service is provided by trained and experienced people.

> **Aims**

Children are given the opportunity to look at feelings associated with loss and learn that they are not alone. We aim to help children overcome obstacles that prevent them from leading full lives. In addition, the Children's Grief Centre strives to educate the community that grieving is an important part of life and is essential to an individual's ongoing growth and development.

Values



Caring

Through listening - we give children a space to talk, share, ask questions and explore their emotions.

Safety

We offer a safe place that helps children feel calm, secure and welcomed.

Non-judgmental

Our role is never to judge, sway opinion or arbitrate between parents. We are here to support the children.

Acceptance

We work with children across all backgrounds, cultures, and religions.

Teamwork

We have a team of professionals with a combination of skills and qualifications.

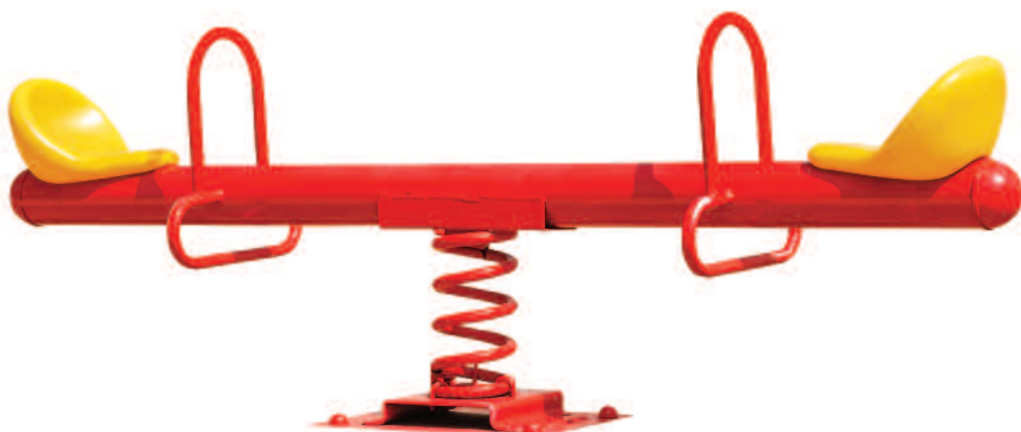


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Company Information

Directors

| | | |
|-------------|-----------------|----------------------|
| Chairperson | Derek Walsh | |
| Secretary | Majella Murphy | |
| | Philip Mortell | |
| | Caroline Keane | |
| | Elke Hayes | |
| | Kevin Shine | |
| | Paul Dennehy | |
| | Dr Paula Gaire | |
| | Anne Comerford | |
| | Therese Barry | |
| | Anne Marie Ryan | Resigned 26th Jan 22 |

| | |
|---------------------------|---|
| Company Registered Number | 664602 |
| CHY | 22832 |
| Registered Charity Number | 20205877 |
| Registered office | Limerick, Ireland |
| Chief Executive Officer | Helen Culhane |
| Auditor | Moore Business Advisors Unlimited Company T/A Moore Registered Auditors and Statutory Auditors Pamdohlen House Dooradoyle Road Limerick |
| Banker | Bank of Ireland 125 O'Connell St Limerick |
| Solicitors | Elizabeth Walsh Solicitor's 1 Catherine St. Limerick |



I am delighted to present the Annual Report and Financial Statements of the Children's Grief Centre CLG for the year 2022.

As the chair, I want to record the gratitude of the Centre to all the members of the Board, both past and currently serving, for their contribution and dedication to the Centre, since its inception in 2009.

During 2022 we said goodbye to Anne Marie Ryan from the Board. We are so grateful to Anne Marie for her support and trojan work over the years.

Much of the focus of the Board in 2022 has been on the renovation and re-construction of our new state of the art home. Advised and directed by our vastly experienced volunteer Project Manager, Jonathan Harper, we hired first the architects (Drake/Hourigan) and then the builders (NAUTIC). Work began on site in November 2021 and is scheduled for completion by early 2023.

The move into the new building will mark a significant milestone for the Childrens Grief Centre and will allow us to grow and expand and to continue to provide support to children, young people, parents, organisations and communities affected by loss all over the island of Ireland.

We were lucky to be gifted this building from the Sisters of Mercy, and we are very grateful for that. We are also extremely thankful to our fundraising committee, our corporate and business supporters, funders, members of the public, schools, colleges, community groups and volunteers who have all contributed towards the Centre, as we prepare to move into our new home.

It remains for me to thank the following, in addition to those already mentioned, and without whom the work of the Childrens Grief Centre could not continue:

- Our CEO, Sr Helen Culhane, and the dedicated staff and volunteers who make possible the work with grieving children which is the raison d'être of the Centre's existence.
- Our wonderful and inspiring Ambassador, Olive Foley.



Derek Walsh

Chair Foreword



Introduction

The Children's Grief Centre continued its steady growth and development throughout 2022. As I enter my fourteenth year as CEO of the Children's Grief Centre, it's difficult to put into words how privileged I feel to be a part of this service. It is with great pleasure that I present the 2022, Children's Grief Centre CLG, (referred to hereafter as the Centre) Annual Report.

For 14 years the Centre has been supporting grieving children and their families through free one to one session's. 2022 continued to be exceedingly busy, with ever expanding referrals. We supported 306 children for a total of 1892 one to one sessions. In addition, the CEO continued to provide educational outreach to schools and community agencies. The demand for our services continues to grow, to the point where there is now a waiting list of 179. It became clear that to fulfil our commitment to families and children, it would be necessary to move to larger, more sustainable premises. The former Ladies Residence was gifted to us by the sisters of Mercy, but it required a substantial investment to bring it up to the standard that children need. Due to the generosity of many funders, we started work on the building in November 2021.

We look with excitement to the opening of our new centre in 2023. Our new building will allow us to grow and expand and to continue to provide support to children, young people, parents, organisations, and communities affected by loss all over the island of Ireland.

A sincere thanks to the Board of Directors, volunteers, and staff for your part in making our mission a reality. We are committed to educate, advocate, and raise awareness about the needs of children and young people who are grieving. I am incredibly grateful to our supporters whose generosity and commitment are invaluable. Together we can help rebuild lives after the devastation of loss through death, separation, and divorce - thank you for supporting our work. I wish to acknowledge the ongoing support we receive from our Ambassador, Olive Foley. A particular thanks to Mary Commins for her work on this annual report.

Helen Culhane CEO



The Children we helped in 2022

306

children
attended the
service

170

female

136

male

1583

one to one
sessions for
Children



309

appointments
provided to
Parents of
grieving
children (incl
Zoom & Phone)

192

new referrals

Geographical Spread

Children travel from the following counties:

Limerick, Tipperary, Clare, Offaly, Galway, Kerry and Cork

Child Feedback

Age 14

It helped me go from a negative way of thinking to a positive one.

Age 7

I liked coming here because it is funny, it is helpful and there are kind generous workers here.

Age 15

I found having someone to talk to about everything helpful. I am more confident and comfortable talking about certain topics.

Age 6

I liked playing games and making slime. I made the support worker laugh.

Age 17

I find it easier to acknowledge and express how I am feeling and I am better able to figure out why I am feeling a certain way.

Age 10

It is fun and you get to talk and nobody knows what you talk about.

Parent Feedback

His confidence improved from his first appointment. He is more open and able to speak about his problems.

He is more relaxed and accepting of the situation and knows that it is not his fault.

The support for me as a parent and the impact on my son was huge. After two sessions it was as though his body and mind was looser – more content and calm. A weight has been lifted.

She has more coping skills with life situations and has completely thrived since starting at the centre.

She understands the separation a lot clearer now. She is more confident and less socially anxious. She can verbalise her feelings better and put her needs across.

The service gave my daughter a safe space to have her feelings and worries heard.

Supporting Grieving Parents



Frequently, children and young people's presenting issues are entangled in family process and therefore participation of parents in our work is crucial for supporting the grieving child. Our initial meeting with parents is useful and illuminating if at times challenging. Parents may experience a range of emotions such as guilt regarding failure to manage conflict, concern for their child's wellbeing, fear of being judged and anxiety about attending the centre.

The role of the support worker is twofold. Firstly, to support the child to understand their feelings and to navigate their grief. Secondly to support parents to attune to their child. Supporting parents to be more attuned and receptive to their child will help them cope with all the difficult adjustments that may lie ahead. Having a safe space to express their feelings and opinions can support children and young people to communicate with their parents and become involved with decisions that affect them.

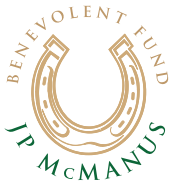
Being a parent is busy at the best of times, but grief adds another layer of complexity and sometimes it can feel overwhelming. Dealing with their child's grief as well as their own can feel difficult, isolating, and lonely for parents. Some grieving parents need additional support and seeing this we are delighted to offer an individual support service to parents when we relocate to our new building. A volunteer support worker will work with parents in a designated room. In seeking their own support through the grieving process, parents are strengthening their abilities to help their child understand their feelings and develop ways to cope with them.

Theresa Kavanagh

Senior Support Worker

...participation of parents in our work is crucial for supporting the grieving child...

Fundraising



Fundraising

We had numerous fundraising events for 2022. From mini marathons to an Oscar worthy May Ball. The support and generosity of our community continues to amaze us. These events have helped us to raise funds for our services as well as our new building. Along with public donations we received funding from Limerick City and County Council, HSE, Tusla, and the JP McManus Benevolent Fund.

Donations were also received from our corporate partners

AMCS
Sarsfield Credit Union
Analog

The Bar Association Limerick
Bon Secours Hospital Group
Brown Thomas Limerick

BS&B
MacQuarie Rotorcraft
Dell

The following are events that took place in 2022:

The Circuit of Munster Charity
Tractor Run
International Women's Day Lunch
in Adare Manor
Breath with Bea book launch
Lions Club 7 Bridges Walk
Climb with Charlie

May Ball
C4SC cycling event
Cork City Marathon
Cook Mini Marathon
Island Swim
Anthony Foley Golf Memorial

Bereaved Children's Awareness
Week
Ormond Octaves Christmas
Concert
Abbey Court Nenagh Coffee
Morning

“Giving is not just about making a donation. It is about making a difference.”

Kathy Calvin

Sponsors & Donors

To the many donors who support our work, individual, corporate and philanthropic, we thank you for your continued generosity.



AMCS Visit



C4SC Cycling Event

Lily & Ruth Chadwick

Limerick Dance Academy



International Women's Day in Adare Manor

Schools:

Scoil Chaitriona
Abbey School
St Nessans
Laurel Hill Colaiste
Nagle Rice Primary School
Milford National School

Religious Orders:

Redemptorists
Sr Mary Aherne
Daughters of Our Lady of the
Sacred Heart
Sisters of Mercy South Central
Province

Corporate:

JP McManus Pro Am
AMCS
BS&B
Sarsfield Credit Union
Analog, Limerick
Bar Association, Limerick
Brown Thomas, Limerick
Dell, Limerick



Island Swim



May Ball



Circuit of Munster Tractor Run

Ormond Octaves

Adare Golf with Helen & Olive



Vicky's team of friends who climbed Croagh Patrick



Laura Keane, Vicky Phelan, Carol and Theresa

Sporting Groups & Community Organisations:

Limerick City Council Mayor's Ball
Limerick Lions Club
Pike Rovers
Lily & Ruth Chadwick
C4SC Cycling Club
Circuit of Munster Charity Tractor Run
Adare Golf Club Members
The Dance Academy

Ormond Octaves
Run for Liam
Great Limerick Run
Cook Mini Marathon
Anthony Foley Golf Memorial at Adare Manor
Climb with Charlie (Vicky Phelan)

Bereaved Children's Awareness Week

In 2022 for Bereaved Children's Awareness Week we invited children, young people and their families to create a memory tree to honour their loved ones that had died. Children wrote their loved one's names on butterflies and they were placed like leaves on the tree. This is displayed at the Centre where they will be remembered.



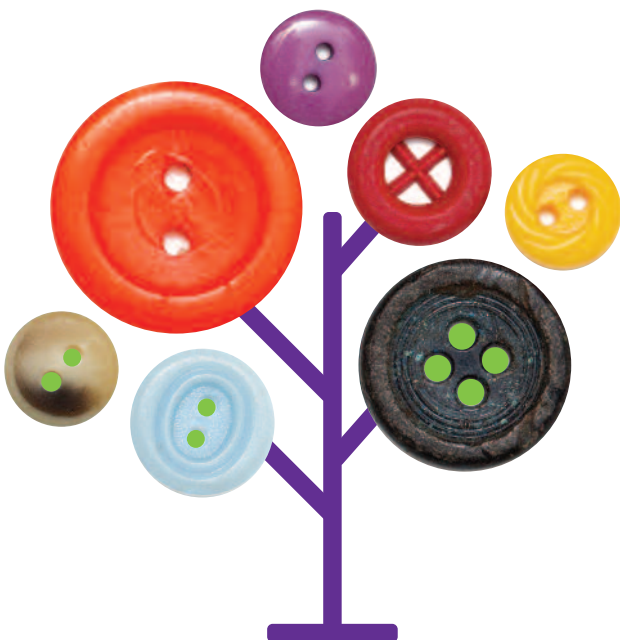
ToolKit

The aim of the toolkit is to help staff in primary schools to support bereaved children. The launch of the Toolkit took place on the 14th of September 2022 at Mary Immaculate College, Limerick. It was launched by Professor Niamh Hourigan, Vice President, Mary Immaculate College. The generous funding from The Lorna Byrne Children's Foundation allowed us to design and publish the Toolkit.



Following the launch of the Toolkit we received the following email from a teacher

“Thank you so much for the Toolkit for primary schools. It answered /reassured us on all our questions”.



Prof. Niamh Hourigan Vice President
Academic Affairs MIC and Helen Culhane

Governance

Children's Grief Centre Board of Directors 2022

The Children's Grief Centre CLG, founded in 2009, is a company incorporated under the Companies Act 2014 and is limited by guarantee. The Governance of The Children's Grief Centre is conducted in accordance with its Constitution. The company is exempt from using the word "Limited" under Section 1180 of the Companies Act 2014.

The Children's Grief Centre is governed and directed by a voluntary board which comprises of people with varied backgrounds and skill sets including two practising solicitors, a chartered accountant, a retired member of an Garda Síochána, a retired principal social worker with the HSE, a lecturer on early childhood studies, a general practitioner, a business owner and a retired member of the Sisters of Mercy. Its function is to provide leadership, develop strategy, formulate policies, and oversee their implementation, ensure good governance and financial control. The board is provided with regular financial and operational information.

The day-to-day operation of the charity is managed by the CEO and founder Sr Helen Culhane. Helen was appointed to this role by the board, however she is not a member of the board. Members of the senior management team report directly to Helen.

The board's commitment to governance is reflected in the emphasis on transparency, accountability, effectiveness, and in seeking value for money in all aspects of its work. The Children's Grief Centre is fully compliant with the principles outlined in the Charity Regulators "Charities Governance Code".

The board of The Children's Grief Centre met on ten occasions during 2022. The agenda for each meeting contains a requirement for a formal disclosure by each trustee of any conflict of interest or loyalty on any matter noted on the agenda. The agenda for board meetings will typically include: review of latest detailed management accounts, the manager's report on activities including progress report on strategic plan targets, updates from various board sub-committees; review on a rotational basis of the top 10 risks from the risk register; correspondence addressed to the board and all correspondence on legal matters; and on a rotating basis presentations from senior managers on key areas such as service provision and fundraising. Five sub-committees assisted with the work of the board during 2022.

Composition of the Board and Board Appointments Process

There are ten members of the Board of Trustees. Trustees are appointed for a term of three years at the end of which they may seek re-election at the annual general meeting. All trustees may serve a maximum of three terms. On appointment, all new board members attend an induction training session with the CEO and senior management. They receive an overview of the organisation as a whole and the various activities and services provided by it. They are briefed on their legal obligations under charity and company law and are provided with a copy of the company's constitution. In addition, the role and responsibilities of a trustee are explained in detail. In 2022 the Code of Conduct policy was approved by the board and all board members must sign the Charities Code of Conduct declaration form confirming the trustees have read and agree to follow all Charity policies including: **"The Conflict of Interest policy"** so as to ensure the highest possible ethical standards are maintained.

Trustees are also encouraged to attend appropriate external training events where these will assist the undertaking of their role. Board members are garda vetted where required.

Board Chairman: Mr Derek Walsh was appointed chairperson 11th Oct 2022

Company Secretary: Majella Murphy was appointed secretary 11th Oct 2022.

Attendance at Board Meetings During 2022

There were 10 meetings of the Board during 2022.

| Name | Date appointed/ (resigned) | Meetings Attended |
|-----------------------------|----------------------------|-------------------|
| - Anne Comerford | 20 January 2020 | 6/10 |
| - Therese Barry | 20 January 2020 | 6/10 |
| - Elke Hayes | 20 January 2020 | 9/10 |
| - Caroline Keane | 20 January 2020 | 9/10 |
| - Derek Walsh (Chairperson) | 14 October 2020 | 7/10 |
| - Kevin Shine | 11 May 2021 | 3/10 |
| - Majella Murphy | 05 October 2021 | 9/10 |
| - Paul Dennehy | 05 October 2021 | 6/10 |
| - Philip Mortell | 20 January 2020 | 9/10 |
| - Dr Paula Gaire | 20 January 2020 | 5/10 |
| - Anne Marie Ryan | Resigned 26 January 2022 | 1/10 |

Board Remuneration and Pay Policy

Board members do not receive any remuneration in respect of their voluntary services to the charity. Our founder and CEO Helen Culhane, carries out her role in a voluntary capacity and does not receive a salary.

As of the 31/12/2022 the Centre employed 8 staff (1 full-time, 7 part-time) equating to a full time staffing equivalent of 4.33 employees. Total salary costs for the year amounted to €189,555.

No staff member is in receipt of a salary in excess of €65,000.

Committees of the Board and Terms of Reference

There are five standing sub-committees of the board. All sub-committees have terms of reference which are reviewed and approved by the board. The chair of each sub-committee is appointed by the board. The following sub-committees are appointed by the Board to aid in the internal workings of The Children's Grief Centre.

> Building Sub – Committee

This Sub Committee was established to oversee the ongoing renovation project of our new premises, to approve contractor's payments, liaise with the architects and project manager on all matters pertaining to the current construction project.

> Finance Sub – Committee

The Finance Sub-Committee provides expert advice to the board and trustees on the financial health of the organisation and any remedial action necessary. It holds the professional finance staff accountable for discharge of their responsibilities, including compliance with external regulation. It will also undertake activities such as reviewing fundraising activities and reviewing banking arrangements.

> Audit and Risk sub-committee

The Audit and Risk sub-committee review all matters affecting the finances of the organisation. This includes annual budgeting including capital expenditure, management accounts, the reserves policy, annual draft audited financial statements, special projects etc. The sub-committee engages with the independent external auditors on audit planning, audit and internal control issues and audit finalisation. The audit tendering process is managed by the sub-committee. The sub-committee monitors the effectiveness of the internal control systems. In addition, the Audit and Risk sub-committee coordinates the compilation and update of the risk register. It assesses the risks and makes recommendations to the board on strategies to minimise those risks. The board reviews the risk register and approves the ranking of the risks.

> Fundraising Sub – Committee

This sub-committee is responsible for overseeing the fundraising activities of the organisation. It assesses the performance of the fundraising unit against predetermined targets.

> HR Sub – Committee

This sub- committee seeks to ensure the charity complies with the requirements of employment law and follows best practice in providing good working conditions for staff, including health and safety.

Our board is composed of volunteers who give freely of their time and expertise to help The Children's Grief Centre to set out and achieve its mission. We would like to thank all members of the Board of Directors who progressed the interests of the Children's Grief Centre during 2022.

Strategy, Performance & Impact

In 2022 we continued working towards the achievement of our strategic priorities as set out in our Strategic Plan 2018-2022 "Support – Educate – Heal".

The Board of The Children's Grief Centre is committed to building an organisation which is integrated, effective, outcome-driven, and accountable.

The medium-term goal - as set out in the 2018 strategic plan is as follows:

- To ensure the sustainability of the Children's Grief Centre by transitioning to a model that secures funding to meet the growing needs of grieving children in the Mid-West region, while maintaining the organisations ethos and best practice.

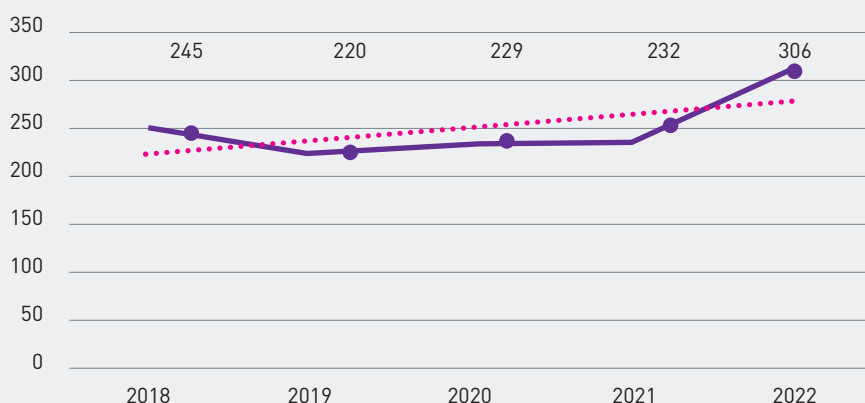
The strategy to achieve medium term goal as set out in the 2018 strategic plan was as follows:

- It was planned to raise funding of up to €450k per annum to allow us to transition to a model with paid staff and new premises by 2022, whilst maintaining the current ethos and best practice.
- Build and strengthen The Children's Grief Centre's organisational capacity to ensure delivery of our strategic plan.
- Continue to strengthen the governance and regulation of The Children's Grief Centre ensuring compliance with relevant Regulatory bodies.

In 2022 we continued to focus on key areas to ensure the success of our Strategic Plan and continued to roll out the Strategic Priorities as set out in our Strategic Plan.

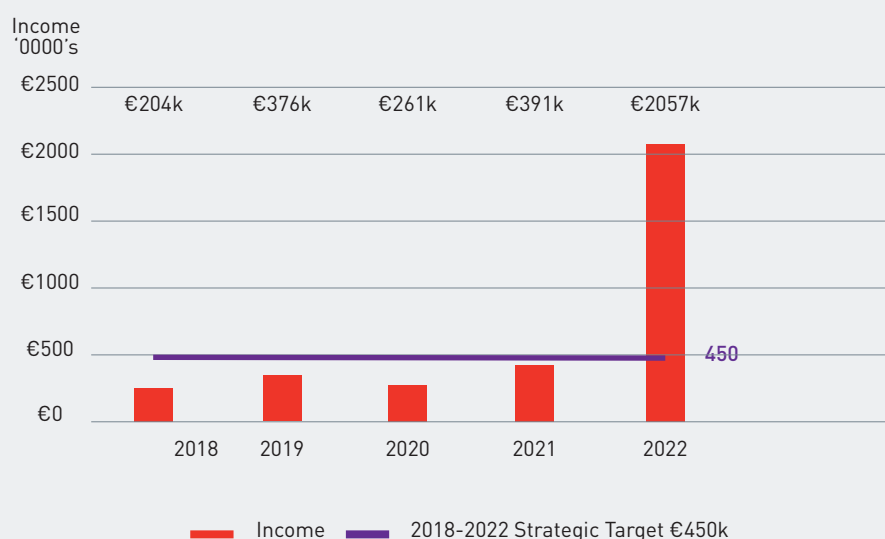
- Overseeing the ongoing renovation of our new premises at Mount St Vincent, O'Connell Ave.
 - This €3.25m project nears completion and thanks to the efforts of our Building Committee and in particular Jonathan Harper remains within budget. The renovation would not have been possible without the generous support of the JP McManus Pro AM and the many others who donated to this project. This new premises will add greatly to our capacity and ability to see more children.
 - The centre supported 306 children in 2022 up from 232 in 2021 an increase of 32%. 2023 promises to see an expansion of our supports service where we hope to support 400 children with the centre being successful in it's application to fund a further part-time support worker.
- In consultation with our service users, board and staff, determine the values for the organisation by starting the process of a new Strategic plan for 2023 -2028

Children's Grief Centre number of children receiving support 2018-2022



- In October 2022 we began the process of developing our Strategy document for 2023 – 2028 whereby our staff and volunteers were consulted on their vision for the future of the centre.
- Increase the promotion of the work of The Children’s Grief Centre - advocate and highlight the needs of the members of the charity through representations, communication, PR and extended use of digital media.
 - We have expanded our use of social media to promote our service, with daily & weekly postings on Facebook etc. In 2022 we launched the Bereavement Toolkit for primary schools to aid schools and their teachers in supporting students who are grieving. We continue to raise awareness through our numerous fundraising activities (see Fundraising Section of this report).
- Intensify our efforts to obtain increased support from State funding and broadening and widening the funding base for the organisation.
 - 2022 saw an increase in income on 2021, brought about by an increase in the number of applications made for funding to both government and private funders. Government support through Service Level Agreements (SLAs) remained steady and helped to ensure that our service provision was uninterrupted. Successful applications have been made to private trusts to secure medium-term funds to cover the salaries of 2 part-time support workers. Income totalled €2,057,242 which represents an increase of €1,665,864 on 2021. Income from donations & legacies contains restricted income of €1,672,000 which has been expended on our new building renovation project. Income from charitable donations performed well despite the difficult environment. (see Chart below detailing income received for the period from 2018 – 2022).

Children’s Grief Centre Income from all sources 2018-2022



- Continue with our high standards of transparency and governance as well as to maintain a financially stable organisation which is critical to delivering our Strategic Plan.
 - The Childrens Grief Centre is fully compliant with the principles outlined in the Charity Regulators “Charities Governance Code”, The Financial stability of the organisation is constantly under review and 2022 saw the implementation of a formal reserves policy to help the charity manage unforeseen financial difficulties and demonstrate its resilience. The reserves policy states that a reserve of €70k be maintained which equates to 3 months average expenditure. This reserve policy will be reviewed by the board on an annual basis.

Our Team

Staff

| | | |
|-------------------|-------------------------------------|-----------|
| Theresa Kavanagh | Senior Support Worker | Full-Time |
| Maria Anketell | Support Worker | Part-Time |
| Katrina Reynolds | Support Worker | Part-Time |
| Mary Commins | Administrator | Part-Time |
| Helen McNerney | Administrator | Part-Time |
| Fiona Sullivan | Finance Officer | Part-Time |
| Darrell Costelloe | Finance Officer | Part Time |
| Carol Fitz-Gough | Fundraising and Events Co-ordinator | Part-Time |
| Orla Ryan | Fundraising Assistant | Part-Time |

Volunteers'

| | |
|-----------------|----------------|
| Helen Culhane | CEO |
| Olive Foley | Ambassador |
| Mary Moran | Administrator |
| Mary Fagan | Administrator |
| Ita Hannan | Support Worker |
| Mary Browne | Support Worker |
| Beryl Carswell | Support Worker |
| Geraldine Carey | Support Worker |
| Kathleen Burns | Support Worker |

Fundraising Committee

Breda Cleary
Kevin Shine
Maire Casey

Décor and Maintenance

Dolores Madden and Ann Gilbourne



Financial Report

The Board of Directors present their Annual Report and the Audited Financial statements for The Financial Year Ended 31st December 2022.

The financial statements have been prepared on the going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements have been prepared in accordance with the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland FRS 102".

The Trustees report contains the information required to be provided in the Trustees' Annual report under the Statement of Recommended Practice (SORP) guidelines.

Financial Results

The surplus for the financial year amounted to €1,799,478. An increase of €1,585,894 on the prior year (€213,584). This surplus includes funding received from the JP McManus Pro Am amounting to €1,672,000 which has subsequently been expended to meet the stage payments due to the building contractors during the year on our new building renovation. Total Income for the year was €2,057,242 which was an increase of €1,665,864 on the prior year (€391,378)

Our fundraising department continued its great work having organised many successful fundraisers and liaising with those who raised funds on our behalf. State funding remained steady year on year with grants towards the salary costs of support workers being received from the HSE, Tusla and the SIF fund being distributed by Limerick Co. Co. As explained above funding for our new building was received and expended in the period.

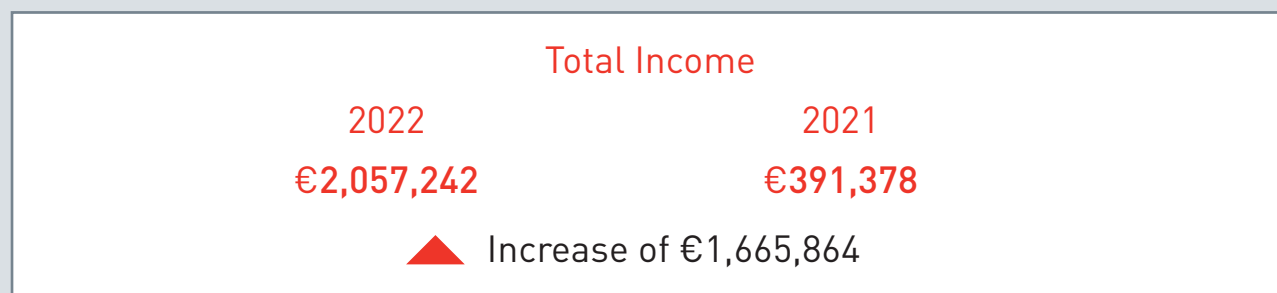
Adequate funding remains one of our organisation's biggest risk factors, and the fundraising sub-committee continue to brainstorm on new ways to raise funds. In 2023 with our move to our new premises fundraising will take on even greater importance as costs which heretofore were borne by the Sisters of Mercy order (electricity, heat and insurance) will need to be met from our own funds.

Expenditure was €257,764 up 45% in comparison to the prior year (€177,794)

The increase in expenditure is largely due to an increase in annual salary costs following the appointment of 4 new part-time employees (1 finance officer, 1 administrator, 1 support worker, 1 fundraiser) in late 2021, the full annual cost of which is being reflected in 2022.

Fundraising expenses for 2022 included the cost of holding a very successful International Women's Day Ball in aid of the Children's Grief Centre.

Toolkit expenses relate to the cost of researching, drafting, designing and printing our Bereavement toolkit for primary schools, the costs of which were offset by a grant from the Lorna Byrne Children Foundation.



(Note : Funding received to pay Building Contractors of €1.672m is included above)

Funding

We continue to rely on a variety of income streams & in-kind donations to meet the costs of delivering our free support service. In 2022 we continued to generate sufficient cash flow to meet our operating costs and increased our building fund by €1,685,058. This fund is specifically for the purpose of adapting and transforming the former Ladies Residence, on the John Henry Newman Campus, to create our new purpose-built Children's Grief Centre.

The Mercy Congregation continue to support our service through their in-kind donations of both our premises and utilities.

Our CEO provides her professional services free of charge to the centre. The centre's full time support worker is jointly funded by Tusla, Child and Family Agency and the Health Service Executive. Additional funding is also provided by the Limerick City & County Council to fund our part-time support worker position under the Social Intervention Fund.

Our amazingly generous volunteer support workers continue to give of their time and expertise greatly reducing the centre's running costs by allowing us to keep staff levels low.

We employ the full time equivalent of 4.33 staff. This includes the support workers mentioned above as well as 2 part time administrators, 2 part time fundraisers and a part time finance officer.

Income received from fundraising events as well as individual and corporate donations are used in part to fund these positions, which are vital for the successful delivery of our service.

Restricted funding is used only for the purpose for which it was granted.

Financial

Children's Grief Centre Company Limited by Guarantee STATEMENT OF FINANCIAL ACTIVITIES for the financial year ended 31 December 2022

| | Notes | Unrestricted Funds 2022 € | Restricted Funds 2022 € | Total Funds 2022 € | Unrestricted Funds 2021 € | Restricted Funds 2021 € | Total Funds 2021 € |
|---|-------|------------------------------------|----------------------------------|-----------------------------|------------------------------------|----------------------------------|-----------------------------|
| Income | | | | | | | |
| Donations and legacies | 3.1 | 309,593 | 1,685,058 | 1,994,651 | 168,343 | 148,513 | 316,856 |
| Charitable activities | | | | | | | |
| - Grants from governments | 3.2 | - | 54,564 | 54,564 | - | 74,522 | 74,522 |
| and other co-funders | | | | | | | |
| Other trading activities | 3.3 | 8,027 | - | 8,027 | - | - | - |
| Total income | | 317,620 | 1,739,622 | 2,057,242 | 168,343 | 223,035 | 391,378 |
| Expenditure | | | | | | | |
| Raising funds | 4.1 | 33,118 | - | 33,118 | - | - | - |
| Charitable activities | 4.2 | 161,740 | 54,564 | 216,304 | 103,272 | 74,522 | 177,794 |
| Other trading activities | 4.3 | 8,342 | - | 8,342 | - | - | - |
| Total Expenditure | | 203,200 | 54,564 | 257,764 | 103,272 | 74,522 | 177,794 |
| Net income/(expenditure) | | 114,420 | 1,685,058 | 1,799,478 | 65,071 | 148,513 | 213,584 |
| Transfers between funds | | - | - | - | - | - | - |
| Net movement in funds for the financial year | | 114,420 | 1,685,058 | 1,799,478 | 65,071 | 148,513 | 213,584 |
| Reconciliation of funds: | | | | | | | |
| Total funds beginning of the year | 14 | 151,930 | 555,307 | 707,237 | 86,859 | 406,794 | 493,653 |
| Total funds at the end of the year | | 266,350 | 2,240,365 | 2,506,715 | 151,930 | 555,307 | 707,237 |

The Statement of Financial Activities includes all gains and losses recognised in the financial year.
All income and expenditure relate to continuing activities.

Approved by the Board of Trustees on 12 September 2023 and signed on its behalf by:



Derek Walsh
Trustee
Majella Murphy
Trustee

Balance Sheet

Children's Grief Centre Company Limited by Guarantee BALANCE SHEET as at 31 December 2022

| | | 2022 | 2021 |
|---|-------|-------------------------|-----------------------|
| | Notes | € | € |
| Fixed Assets | | | |
| Tangible assets | 8 | <u>2,115,811</u> | <u>189,695</u> |
| Current Assets | | | |
| Cash at bank and in hand | 9 | <u>471,269</u> | <u>552,024</u> |
| Creditors: Amounts falling due within one year | 10 | <u>(80,365)</u> | <u>(34,482)</u> |
| Net Current Assets | | <u>390,904</u> | <u>517,542</u> |
| Total Assets less Current Liabilities | | <u><u>2,506,715</u></u> | <u><u>707,237</u></u> |
| Funds | | | |
| Restricted trust funds | | <u>2,240,365</u> | <u>555,307</u> |
| General fund (unrestricted) | | <u>266,350</u> | <u>151,930</u> |
| Total funds | 14 | <u><u>2,506,715</u></u> | <u><u>707,237</u></u> |

Approved by the Board of Trustees on 12 September 2023 and signed on its behalf by:

Derek Walsh 
Trustee
Majella Murphy 
Trustee

Supplementary Information relating to Financial Statements

Children's Grief Centre Company Limited by Guarantee NOTES TO THE FINANCIAL STATEMENTS

for the financial year ended 31 December 2022

continued

14.2 ANALYSIS OF MOVEMENTS ON FUNDS

| | Balance 1 January 2022 € | Income € | Expenditure € | Transfers between funds € | Balance 31 December 2022 € |
|----------------------------------|-----------------------------------|------------------|------------------|------------------------------------|-------------------------------------|
| Restricted funds | | | | | |
| Restricted Fund Building Project | 555,307 | 1,685,058 | - | - | 2,240,365 |
| Tulsa Support Worker Grant | - | 15,600 | 15,600 | - | - |
| Tulsa Counselling Grant | - | 4,100 | 4,100 | - | - |
| LCC Support Worker Grant | - | 19,700 | 19,700 | - | - |
| HSE Support Worker Grant | - | 15,164 | 15,164 | - | - |
| | <u>555,307</u> | <u>1,739,622</u> | <u>54,564</u> | <u>-</u> | <u>2,240,365</u> |
| Unrestricted funds | | | | | |
| Unrestricted General | 151,930 | 317,620 | 203,200 | - | 266,350 |
| Total funds | <u>707,237</u> | <u>2,057,242</u> | <u>257,764</u> | <u>-</u> | <u>2,506,715</u> |

Building project

A purpose built facility is in the process of being constructed and completed. It has been constructed through a mix of restricted and unrestricted funding. The facility was completed in May 2023. The full cost of construction will be transferred to the restricted fund and will be depreciated in line with the relevant policy. Annual depreciation charges in relation to the relevant building will be recognised against this fund.

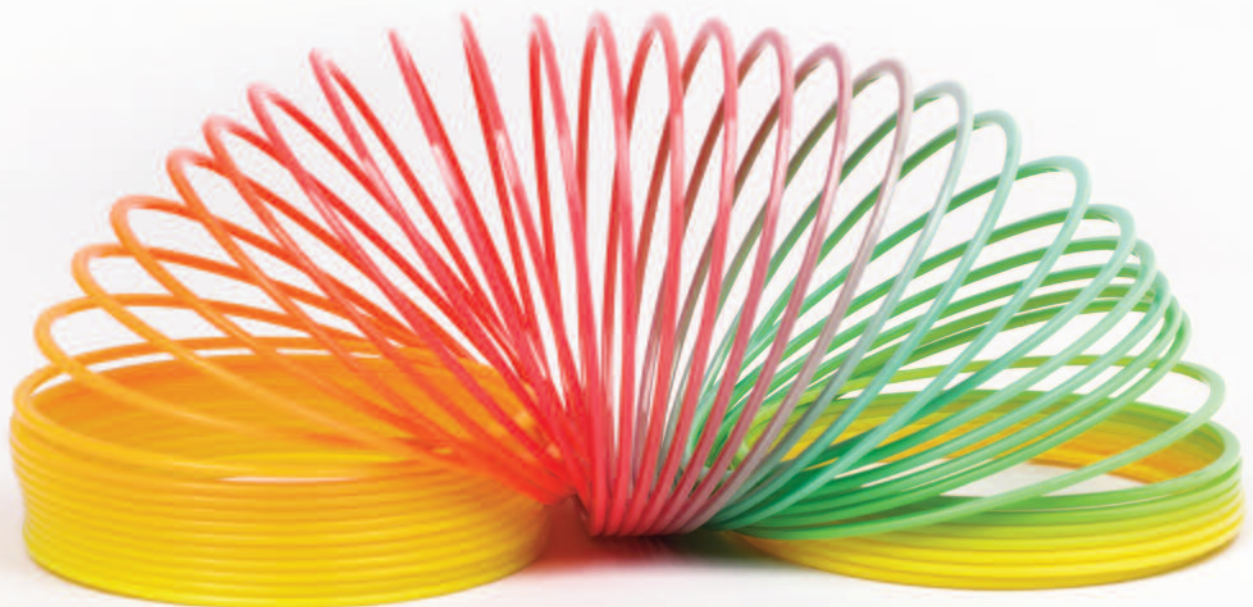
Government supported grants

The charity is in receipt of government funding to enable for it to provide its service. Details of the government funding is outlined in note 12.

Restricted donations

The charity is in receipt of donations which have been assigned to a specific project. An example of these include the purchase of specific equipment or to assist with specific operational expenditure. As these projects are completed, the expenditure will be allocated against the fund.

Our Full Audited Financial Statements for 2022 are available on our website
www.childrensgriefcentre.ie





CHILDREN'S GRIEF CENTRE

DONATIONS

Our services are free. We are a registered charity and welcome donations.

APPOINTMENTS

**Please contact the office during
the following times to make an appointment:**

Monday – Friday:

9.30am – 1.30pm

2.00pm – 5.00pm

Children's Grief Centre CLG



Children's Grief Centre, Mount St Vincent, O'Connell Ave, Limerick.



info@childrensgriefcentre.ie



@childrensgriefcentre



@childrensgriefcentre



@children_grief



087-9851733



landline: 061-224627

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