

# ANNUAL 2018 REPORT

Children's Grief Centre - supporting children and young people affected by loss through death, parental separation and divorce.



**CHILDREN'S**  
GRIEF CENTRE

Charity Number: 20919 | Registered Charity Number: 2008340



# CHILDREN'S

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## GRIEF CENTRE

Supporting children and young people affected by loss through death, parental separation and divorce.

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# ABOUT US

## OUR MISSION

Our mission is to provide support for school-aged children and young people affected by loss through death, separation or divorce. We offer a safe and supportive place for children and young people and their families who are grieving. The service is provided by trained and experienced people.

## OUR AIM

Children are given the opportunity to look at feelings associated with loss and learn that they are not alone. We aim to help children to overcome the obstacles that prevent them from leading full lives. In addition, the Children's Grief Centre strives to educate the community that grieving is an important part of life and is essential to an individual's ongoing growth and development.



### A UNIQUE SERVICE

The experiences of children and young people going through difficult life episodes is different to that of adults. This requires a different set of responses, such as those provided by our service. The Children's Grief Centre is the only organisation in Ireland which is uniquely focused on providing these services and supports.

## CHILDREN'S GRIEF CENTRE'S VALUES

### CARING THROUGH LISTENING

We give children a space to talk, share, ask questions and explore their emotions.

### SAFETY

Our support service is a safe place that helps children feel calm, secure and welcomed.

### NON-JUDGEMENTAL

Our role is never to judge, sway opinion or arbitrate between parents. We are here solely for the children.

### ACCEPTANCE

We work with children across all backgrounds, cultures and religions.

### TEAMWORK

We have a team of professionals with a combination of skills and qualifications.

## WELCOME FROM THE DIRECTOR



I would like to acknowledge all who have assisted the Children's Grief Centre during 2018. We would not have been able to accomplish so much without this collective effort.

Our work is possible because of the support of our funders, those who so generously give grants and donations. We would like to thank the Sisters of Mercy for their continued investment in the Centre.

I would also like to take this opportunity to thank all our staff, volunteers and board members who each day do this work, bringing their talents, commitment, diligence and great humour to furthering our mission in all that we do. Without their commitment it would not be possible to continue to provide the services we do. We thank them for their generosity and compassion which helps in a real and practical way those that we are here to help. In particular, I would like to acknowledge the significant level of support received throughout

the year from our Board Chairperson, Philip Mortell.

It has truly been a remarkable time at The Children's Grief Centre.

We are very fortunate to have Olive Foley as our first Ambassador to the Centre. Olive is the widow of the late Anthony Foley, an Irish and Munster rugby playing legend.

The next few years will present many opportunities for us to build upon the success and positive outcomes from our work over the last nine years. We will have many challenges as we transition to limited company status.

The year ahead marks the start of phase 1 of a planned new campaign to raise funds for our new premises. The role of volunteers has been vital between 2009 and 2018 and will continue into the future. However, given our waiting list, we need to consider the right balance between volunteers and paid workers to effectively resource our services going forward.

We will continue our work in providing support, reassurance, comfort and hope to the substantial number of children and young people who are suffering and grieving as a result of death, separation and divorce.

**Helen Culhane**  
Director

**NOTHING CAN DIM THE LIGHT WHICH SHINES WITHIN**  
*- Maya Angelou*

## WELCOME FROM THE CHAIR



The Children's Grief Centre has had another very successful year. We continue to support hundreds of bereaved children and young people through our support services.

It is with a sense of hope and of real achievement that I present the Annual Report 2018. The board continues to monitor, review and evaluate the work and activities of the Centre. As a result of this ongoing review we have introduced a new Schools Workshop Programme which you can read more about on page 12.

As part of our ongoing review of services, the board commissioned the production of the Centre's Strategic Plan 2018 - 2023. We also produced a Business Plan 2018 - 2022 which outlines our objectives and goals.

The ongoing success of the centre means that we have a waiting list of children and young people wanting to avail of the Centre's services. This continues to be of concern.

The appointment in 2018 of an additional part time administrator, Helen McInerney, has freed up the Director to concentrate more on and develop the direct service to children and their parents. In order to meet the increasing demands for the service a full-time paid support worker, Theresa Kavanagh, joined the team in June, 2018. We have also appointed a part-time Events & Fundraising Co-ordinator, Katrina Morgan. Katrina has helped us focus our efforts on securing ongoing sustainable funding for the centre.

In 2018 the board reviewed the Memorandum of Association with a view to the possible establishment of the Centre as an independent legal entity under limited company status.

The board strives to ensure that the Centre continues to put in place systems, policies and procedures which are consistent with best practice and which comply with the requirements of regulatory authorities. One of our longest serving board members, Fr. Seamus Enright, resigned at the AGM in April, 2018. I would like to thank Seamus for his tremendous contribution and commitment to the Centre over so many years. Fr. Michael Kelleher has joined the board and I would like to extend a warm welcome to him.

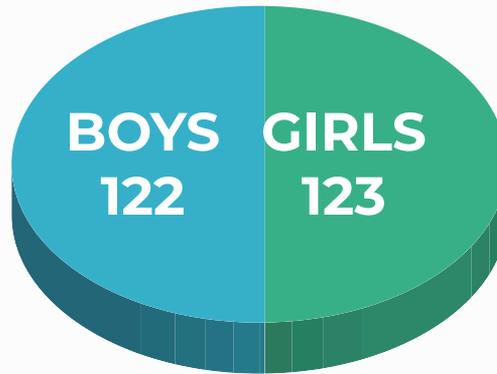
***Phil Mortell***  
**Chair**

# AT A GLANCE

## HOW WE MADE A DIFFERENCE IN 2018

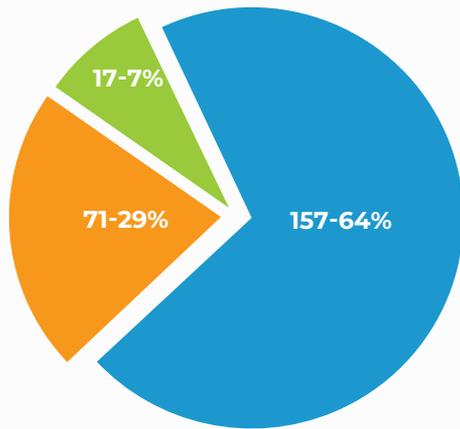
### CHILDREN AND YOUNG PEOPLE SUPPORTED IN 2018

1048 APPOINTMENTS  
2096 HOURS



The largest number of referrals came from Limerick City and County.

### REASON FOR REFERRAL

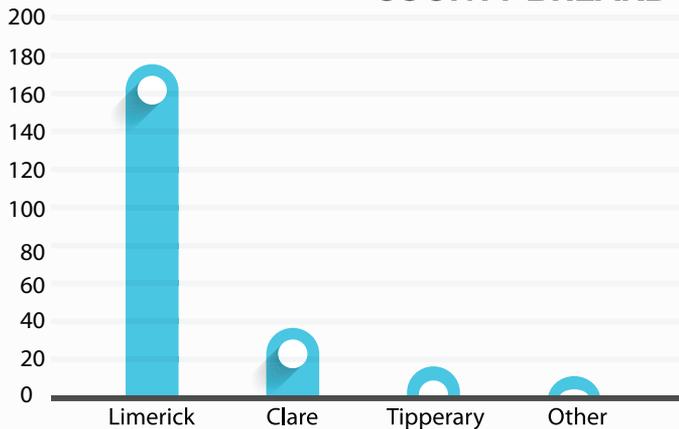


- SEPARATION
- BEREAVEMENT
- SEPARATION & BEREAVEMENT



2018 saw a 25% increase in the number of children who attended the centre.

### COUNTY BREAKDOWN



**COUNTY BREAKDOWN**  
Referrals came from parents, grandparents or on the recommendation of a GP or teacher.

## TESTIMONIALS

### PARENTS

“

I feel he is not keeping thoughts to himself and knows he can talk about his Mum if he wants to.

Very friendly, not just to the child but to the adult too, it was like a breath of fresh air about the overall experience and when the child left the session, he was very content and felt important.

Texts sent for appointment reminders are very helpful. She is very open about chatting to us now. Her confidence has grown and she is more able to express her feelings to her mum.

She doesn't feel isolated any more. ... is not as frustrated by small things as she used to be. She is happier in herself and is getting more enjoyment out of life. It has shown her that it is ok to ask for help and also it's good to talk

”

### CHILDREN

“

Child: Aged -11

Helped me feel better about myself.

I felt that I could tell the support worker anything that was on my mind.

Was very nice and joyful and fulfilling and that really helped me out a lot. Talking made me feel better.

It made me feel confident about myself and better about myself.

”

### TEENAGER

“

Teenager: Aged -17

I found coming in and talking to someone that I didn't know before very helpful.

I felt as if I could tell her everything without feeling judged. They made me see things much clearer, like why everything happened and how to deal with it. It changed the way I see divorce .... it is a good place to talk about family problems. I like talking about everything I was feeling and getting it off my chest.

”



## BEHIND THE NUMBERS

Stories from those we have helped

### CASE STUDY

Mark (name has been changed to maintain the child's confidentiality) was a nine year old whose parents had separated three years ago. He was referred by his parents because of behavioural issues at home and school and situational anxiety.

Mark painted his feelings towards his parent's separation. Yellow was scared, pink as safe, blue was sad, red was anger and green was 'not safe.'

Mark said he was afraid to get angry with his Mum and 'keeps it all stuffed inside' As he expressed his anger other feelings emerged, grief, feelings of helplessness and self-blame. Mark said 'I feel like screaming' which he did in the room. Mark said he felt responsible for his parent's separation because he did not 'clean up enough' He invited Mum into the room and told her how he was feeling. It was a huge relief for him to know that none of this was my fault'.

Mark said at times he was angry at his Mum for leaving his Dad and yet he loves her. It was important for him to know that it is all right to have mixed feelings about things. Mark was learning to communicate with his parents about how he was feeling. Gradually Mark became more confident about talking about his feelings.

Mark invited Mum into the room at the end of a session and showed her how he had painted his feelings. He said he was scared when his Mum got angry with him. Mark said 'I am only a child, you are the grown up'. Mum said that Mark was learning to voice his worries and concerns over little things so they did not escalate to become bigger problems where he struggled to cope. Mark said he could now understand why he got so angry because 'I kept in all inside'



**Theresa Kavanagh**  
Support Worker



## OUR VOLUNTEERS

**We are dependent on a wonderful group of volunteers for so many of our activities. Without them, it would be impossible to serve as many families as we do. We acknowledge with gratitude the work and commitment of all our volunteers.**

The Children's Grief Centre has developed a support team of 7 volunteers. It is primarily these volunteers, who are qualified and experienced in various relevant disciplines (e.g., teaching, art/play therapy, psychotherapy and counselling), who provide the one-to-one support to the children and young people who access our services.

### **Volunteer's view of the Children' Grief Centre.**

I volunteer on one day a week in the centre.

On arriving at the centre, I take time to enjoy all the colourful bedding plants and shrubs and check on their progress (my inner gardener). The flowers and the seasonal decorations change with the different celebrations e.g., Eastertime, Hallowe'en and Christmas.

It is thanks to Una and Dolores who give of their talents and time in this way. Also I like to compare it to the passage of time and healing for us all.

When the children/young people attend the centre, the outdoor environment exudes a warm welcome. This is especially relevant on the first visit.

Personally, the centre is a place of calm in a very busy world. I hope that this is the experience for all those who visit and avail of the service.

It is a privilege to be a volunteer support worker with Helen and her team.

My experience working in the hospital environment has been a good preparation for this role. I am aware of the value of giving my time and full attention one-to-one to facilitate a healing process, when that need is apparent.

Listening is a huge factor in our work with full focus on the children and young people, to help them cope with the changes in their lives. Therapeutic play is at the source of the role of support worker. It allows the child to make choices.... to be busy at activities or not; to talk or not want to talk (known as non-directive play).

I am given invaluable support by the team. This is done through group supervision, one-to-one case management meetings and play focussed workshops. These always foster sensitivity and empathy along with the very welcome, tea, coffee and biscuits.

I am looking forward to the up-coming conference which marks 10 years of the vision and role that the Children's Grief Centre provides in the community.

I wish Helen and all those dedicated to the ethos of the centre many more years in this necessary work.

**Beryl**  
**Support Worker**



**CHILDREN'S**  
GRIEF CENTRE

# SHARING OUR EXPERTISE

## PARTNERSHIPS AND PROJECTS

In 2018 we offered a number of training days to a wide variety of different organisations and educational institutions including the following:

- Irish Hospice Foundation
- Mary Immaculate College, Limerick – BA Ed Primary School undergraduate degree programme
- TUSLA: Foster Parents' Training Day – Seminar
- Empower: Parent support group
- Irish Childhood Bereavement Network
- School's Chaplain's Association
- St. Gabriel's: Parent Support Group
- NUI Galway – B.Sc (Nursing) - undergraduate degree programme
- Montessori Association of Ireland
- University Hospital Limerick - launch of UHL's Children's Bereavement Remembrance Area
- Living Links Tipperary

## SCHOOLS OUTREACH PROGRAMME

In 2018 a pilot course was developed using resources from The Children's Grief Centre, Irish Childhood Bereavement Network (ICBN), Children's Bereavement Network (CBN), and Winston's Wish. This module, devised with reference to relevant current literature, consisted of basic concepts of children's grief and best practice for communicating with children experiencing loss. Teachers were encouraged to interact throughout the course with each other and with Rebecca Lloyd, the Children's Grief Centre's Schools' Co-ordinator.

### ABOUT THE SCHOOLS TRAINING PROGRAMME

- Number of Sessions 7
- Number of Schools 6
- Number of teachers 109
- The full training course took between 2 and 2.5 hours in the school setting.
- Currently the training is only offered to primary schools within the Mid-West of Ireland.

## TEACHER FEEDBACK

The most value was from learning the importance of using the correct language around death, and the different ways children grieve as per their developmental age.

100% of all teachers expressed a desire to have further training from the Children's Grief Centre, and felt the training was useful.

Over 90% of teachers expressed the training was extremely useful/very useful.

## QUOTES

**It was good to discuss the content of death more fully, I have never done that before**

**The course was very worthwhile, thank you**

**Rebecca was very honest and open about talking about death and gave us a great insight into how to talk about death to children**

## EXTERNAL PARTNERSHIPS & COLLABORATIONS

### LIMERICK INSTITUTE OF TECHNOLOGY (LIT)

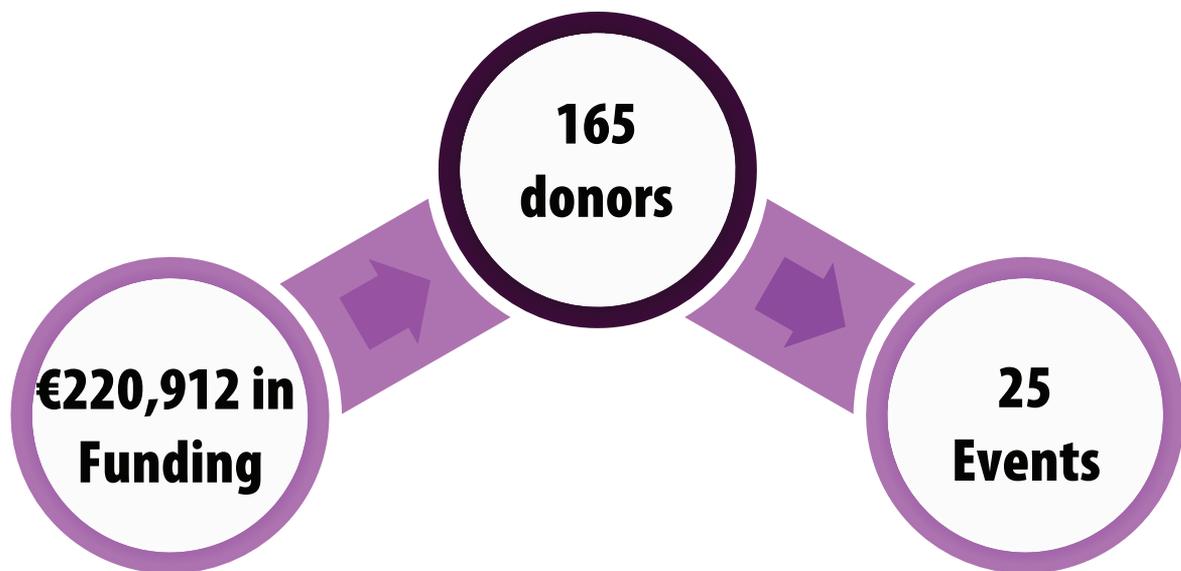
We are participating in a joint research project with the Loss and Grief Research group in LIT. Evelyn Hill, MA research student will explore views of young people who attended the Children's Grief Centre due to experiencing loss and grief as a result of parental separation and/or death. This study, which began in 2018, aims to explore what types of creative mediums therapeutically help young people deal with loss and grief in a family context.

### MARY IMMACULATE COLLEGE (MIC)

In 2018 Helen gave presentations and seminars as a guest lecturer to MIC students on the undergraduate Bachelor of Arts Degree programme. The students also attended talks at the Children's Grief Centre.

## CHARITABLE GIVING REPORT 2018

Thank you for your support in helping us achieve our goals outlined in our Annual Report 2018, and our vision of providing a safe supportive place for children, young people and their families when they are experiencing a loss.



Limerick Lions Club Gerry Mckeown Memorial 7 Bridges Walk



**IPB – Pride of Place Competition in association with Co-Operation Ireland**



**TUSLA and HSE visit the Centre**



**Pike Rovers AFC and Murphy Family**



**Ireland Funds visit to Children's Grief Centre**



**Children's Grief Centre – Art Competition**



**U.L Christmas Community Celebration 2018**



**Analog Devices Community Awards 2018**



## AMAZING THINGS DONORS HAVE MADE POSSIBLE



Funded the salary of our Full-Time Support Worker



Provided funding for workshops for teachers in Primary Schools in the Mid-West



Equipped the Children's Grief Centre with toys, books and art materials, including some new sensory materials.



Our donors have helped us to raise awareness in the community by funding our new website and information leaflets.



Ensured that the Children's Grief Centre remains a warm welcoming space for children and young people affected by loss.

THANK  
YOU



UNIVERSITY OF LIMERICK  
GAEL CHOLAISTE LUIMNIGH  
SHINRONE N.S  
LIMERICK  
MONTESSORI GROUP

TUSLA  
HSE  
NATIONAL LOTTERY  
LIMERICK CITY  
AND  
COUNTY COUNCIL

Even the smallest  
act of caring has  
the potential to  
turn a life around.

LIMERICK LIONS CLUB  
LIMERICK BAR ASSOCIATION  
ST. AUGUSTINE'S CHURCH  
ESSILOR  
JD GOLF TOURS  
MENS CLUB AT  
ADARE MANOR

W2 FOUNDATION  
COMMUNITY  
FOUNDATION OF IRELAND  
IRELAND FUNDS  
IRISH YOUTH FOUNDATION

FAST WIRELESS LTD  
CLONSHIRE EQUESTRIAN CENTRE  
LUGI'S RESTAURANT  
SUSAN LYNCH  
COLLINS STEEPLEJACKS

DELL  
ANALOG DEVICES  
CO-OPERATION IRELAND  
NAR-ANON FAMILY GROUP  
SHANNON RFC  
PIKE ROVERS AFC

ROCHE AID  
THE GUNA'S CHOIR  
STONEBRIDGE COMMERCIAL  
ESTATES  
OWNERS PONY & YOUNG RIDERS  
SHOW  
SCHOOL CHAPLAINS  
ASSOCIATION

# WHAT THE CHILDREN'S GRIEF CENTRE ACHIEVED IN 2018

## Social Innovation Fund Ireland: Animate Healthy Community Award 2017 -2018

The Children's Grief Centre continued to benefit from the 2017 Social Innovation Fund Award. As a result of this additional support, we were able to commission our 2018 - 2022 Business Plan.

## 2018 IPB Pride of Place Awards in Association with Co-operation Ireland

The Centre won an award in the IPB Pride of Place Competition held at a gala ceremony in Cork's City Hall. We were named IPB Pride of Place Award 2018 in the category of 'Communities Reaching out Initiative'

*"Nothing could have prepared the judges for their visit to this wonderful and inspiring place. The success of this project, unique in Ireland, was attested by the testimonies of the family members who have been helped by this centre. Those affected by loss will find this a lovely welcoming place with extraordinary well trained volunteers. The judges left this project profoundly moved and inspired and grateful for the opportunity to see and understand."*

## National Lottery Good Causes Awards

The Children's Grief Centre was named winners of the Youth Category in the National Lottery's Good Causes Awards and went on to be Overall Winners. We were awarded €10,000 as winner of the Youth Category and €25,000 as overall winner.

Minister for Culture, Heritage and the Gaeltacht Josepha Madigan said: **"Loss, whether through death, separation or divorce, can be devastating, especially for the young. This award goes to the Children's Grief Centre for its extraordinary work providing comfort and support to grieving children. Its committed volunteers work tirelessly all year round to provide an oasis of calm for those who have lost loved ones, helping them find their voice."**



Pictured; Josepha Madigan, Minister of Culture, Heritage and the Gaeltacht, Dermot Griffin, Chief Executive, National Lottery, Helen Culhane, Director, Children's Grief Centre and staff.

# CHILDREN'S GRIEF CENTRE'S STRATEGIC PRIORITIES

## CHILDREN'S GRIEF CENTRE'S STRATEGIC PRIORITIES

In 2018 we developed a strategic plan. This review canvassed the views of our staff, volunteers and board of management members and forms the basis of our strategic aims and goals.

The Children's Grief Centre relies largely on a model of Volunteerism to resource its services. We have the equivalent of only one paid full time support worker and one paid administrator.

## RESOURCING THE CHILDREN'S GRIEF CENTRE'S STRATEGIC PRIORITIES

In support of our five strategic priorities the Children's Grief Centre will:

- Continue to offer the service free at the point of delivery
- Reduce our waiting list and waiting times for clients
- Employ additional paid staff
- Continue to work towards establishing a secure financial base
- Build strong networks involving the organisation of workshops, seminars and other events around the themes of loss, grief, separation and bereavement as they relate to children.
- Continue to monitor, review and evaluate the work and activities of the Children's Grief Centre

## A SECURE FINANCIAL BASE

There is recognition that, at times of bereavement, in particular, due to divorce and separation, parents can experience considerable financial constraints. In keeping with the ethos of the Children's Grief Centre, no child will be prevented from receiving support due to financial constraints. Our goal is to continue to offer the service free at the point of delivery to children and young people. The service is currently funded by donations, grants and other fund-raising initiatives. There is a clear need to obtain a more-long term sustainable funding source in order to continue to provide the current level of service and to address the ever increasing waiting list.

## BOARD GOVERNANCE

We are working towards full compliance with The Governance Code – a code of practice for Good Governance of Community, Voluntary and Charitable Organisations in Ireland. Visit [www.governancecode.ie](http://www.governancecode.ie) for more information.

The Board decides on the Children's Grief Centre's strategic priorities and monitors its performance. It has a sub-committee which is currently reviewing the possibility of the Centre transitioning to limited company status and in 2018 sought advice regarding this and commissioned a Draft Memorandum of Association.

The board meets on average about five times a year and holds one Annual General Meeting each year which is attended by representatives of the Trustees. The chair of the board meets frequently with the Director during the interval between Board Meetings. Board members are currently appointed by the Trustees.



## FINANCE 2018

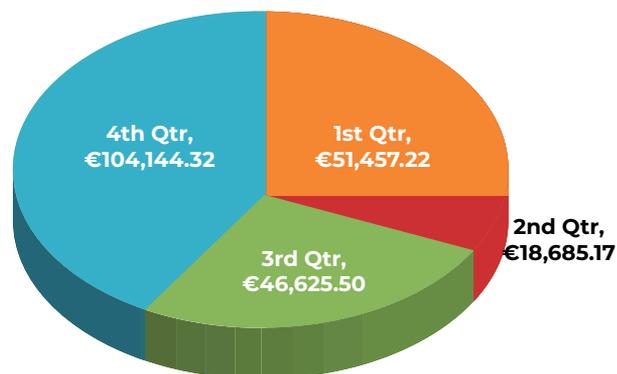
In 2018 we received €220,912.20 in grants and donations from fundraising. These included

- Munster Rugby €30,358
- Social Innovation Fund €17,000
- W2 foundation €15,000
- UL foundation €17,000
- The National Lottery's Good Causes Awards 2018 €35,000
- HSE & Tusla €12,850
- Limerick City and County Council €12,000

The remainder was made up of additional grants, fundraising activities and general donations.

## INCOME 2018

**€220,912.20**

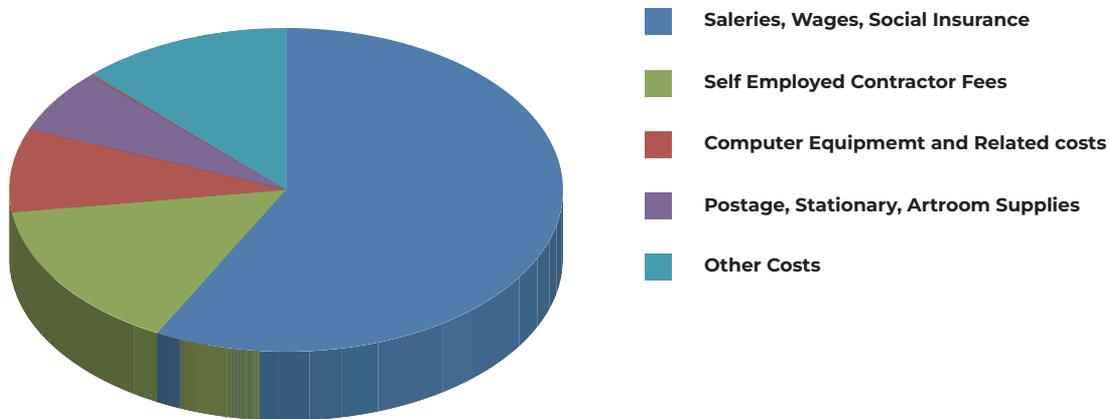


### GRANTS DONATIONS WORKSHOPS

Our expenditure amounted to €87,055. The main cost for the year was wages which accounted for €44,600; this cost has increased on previous years due to the appointment of a new part time administrator in April, 2018 and a full-time paid support worker in June 2018.

## EXPENDITURE 2018

To date the centre remains highly dependent on the Mercy Order for providing the use of premises, light, heat, insurance and the use of the conference facilities, on fundraising and grant applications and the generosity of our volunteers. In 2018 the Centre had not received any main funding from the State. The Centre received €12,850 from Tusla/HSE with all main sources of income coming from fundraising, donations and grants from philanthropic organisations.



## EXCESS OF INCOME OVER EXPENDITURE

**€133,857**

The Centre is currently in the process of opening a savings account to allow us to allocate funds specifically to finance our new premises. In 2019 we are working on introducing a new software package to record our financial details with a view to a more user friendly system.

# INCOME AND EXPENDITURE ACCOUNT

Children's Grief Centre

## INCOME AND EXPENDITURE ACCOUNT

for the year ended 31 December 2018

	2018 €	2017 €
<b>Income</b>		
Donations	123,340	100,069
Grants - HSE & TUSLA	12,850	4,100
Other Grants	83,842	-
Workshops & Training	880	1,160
	<u>220,912</u>	<u>105,329</u>
<b>Total Income</b>	<u><u>220,912</u></u>	<u><u>105,329</u></u>
<b>Expenditure</b>		
Salaries, wages & social insurance	44,600	24,541
Training & Supervision	1,324	2,796
Office Equipment	137	3,177
Repairs & Maintenance	2,332	1,170
Postage, stationery & Art Room supplies	4,299	6,411
Telephone	1,235	934
Computer Equipment & other related costs	5,809	6,481
Motor expenses	2,577	1,649
Volunteer Expense	1,623	1,119
Christmas Party cost	1,096	810
Collection Boxes	121	-
Support Worker Fees	18,995	-
Strategic Review	-	2,500
Bank Charges	221	158
Cleaning & Canteen	1,838	888
Donations & Gift	540	288
Subscriptions & Registration Fee	308	165
	<u>87,055</u>	<u>53,087</u>
<b>Excess of Income Over Expenditure</b>	<u><u>133,857</u></u>	<u><u>52,24</u></u>

### Preparation of account

We have prepared the above Income and Expenditure account for the year ended 31 December 2018 on behalf of the Board from the information and explanations supplied to us.

### JOHN TUOHEY

FCCA  
Newport House,  
Johns Avenue,  
Newport,  
Co Tipperary.

Date: 19 March 2019

## MEDIA SUPPORTERS

Throughout 2018 there were many newspaper articles about the Children's Grief Centre. Following the announcement as the National Lottery's winner of the Good Causes Award 2018 (Youth Category & Overall Winner), many articles appeared in both national and regional newspapers including;

- The Limerick Leader
- The Limerick Post.
- The Irish Daily Star
- Irish Mirror
- The Irish Independent
- The Irish Examiner

Radio & TV interviews with...

- Ireland Am - Virgin Media\_one (formerly TV3) interview
- Marian Finucane's RTÉ Radio 1 show
- Limerick95fm radio interview with Joe Nash
- Sean O'Rourke's Today show on RTÉ Radio 1
- Soul Waves Radio

## CHARITY INFORMATION

### Members of the Board

Anne Comerford, Parent Representative  
 Caroline Keane  
 Dr. Paula Gaire  
 Fr. Seamus Enright – resigned 12th April, 2018  
 Fr. Michael Kelleher – Joined 3rd June, 2018  
 Ita O'Brien, Complaints' Officer  
 Majella Foley-Friel  
 Marie Stuart  
 Seamus O'Brien, Treasurer  
 Therese Barry, Secretary  
 Vicki Lynch

### Auditors

Carey & Associates  
 Newgarden, Lisnagry  
 Limerick

### Accountant

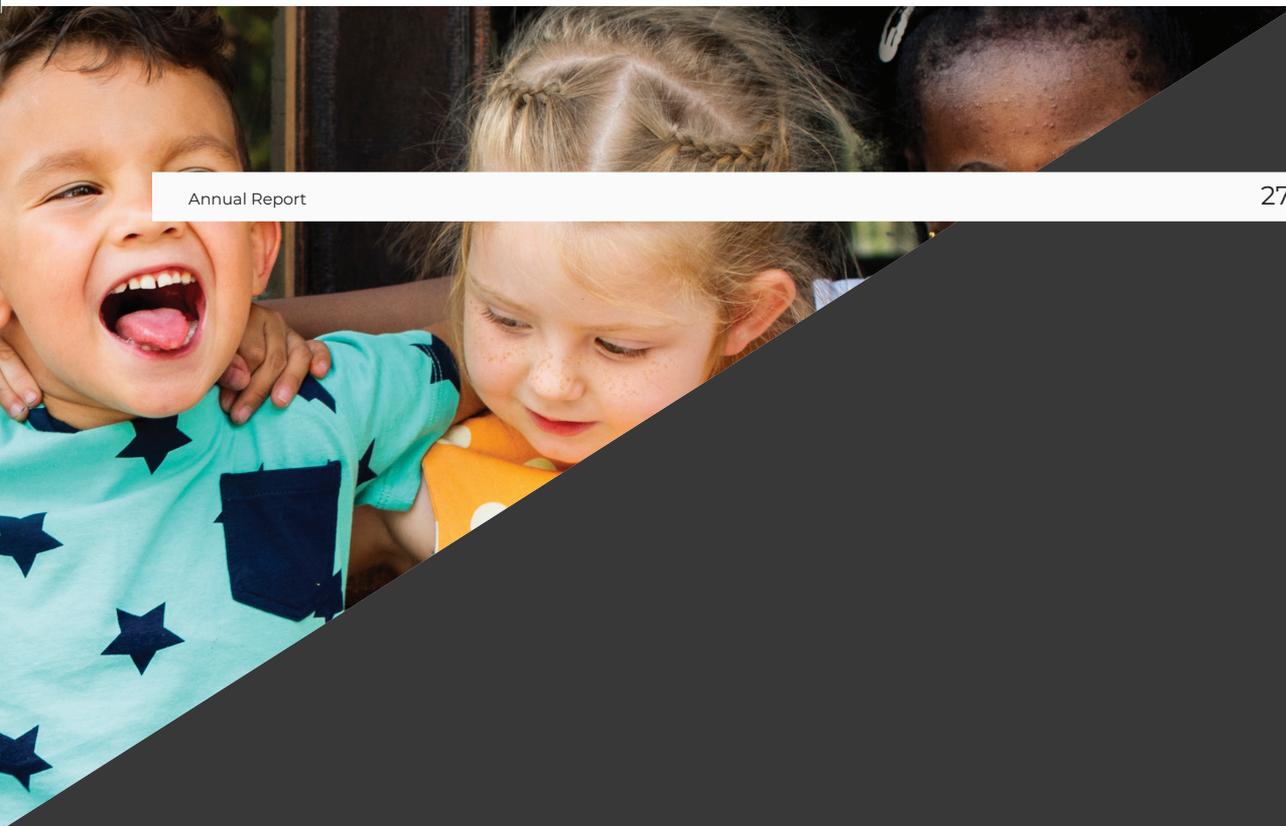
John Tuohy  
 FCCA, Newport House  
 Johns Avenue, Newport  
 Co. Tipperary



Supporting children and young people affected by loss through death, parental separation and divorce.

**CHARITIES REGULATORY AUTHORITY  
NUMBER: CHY20919**

**CHARITABLE TAX EXEMPTION  
NUMBER: 20083403**



## OUR TEAM

Helen Culhane – Director  
Anne English, Administrator  
Helen McInerney, Administrator  
Katrina Morgan, Fundraising and Events Co-ordinator  
Theresa Kavanagh – Full time support worker  
Rebecca Lloyd, Schools Outreach Co-ordinator  
Geraldine Hannan, Housekeeping

## VOLUNTEERS

Beryl Carswell, Volunteer support worker  
Ciara Ni Nuallain, Volunteer support worker  
Breda Driscoll, Volunteer Administrator  
Ita Hannan, Volunteer support worker  
Maggie Enright, Volunteer support worker  
Mary Browne, Volunteer support worker  
Michele Flanagan, Volunteer support worker  
Carol Fitzgough, Volunteer Fundraiser



# ANNUAL 2018 REPORT

Supporting children and young people affected by loss through death, parental separation and divorce.



We would like to acknowledge the Community Foundation for Ireland for their support in publishing our Annual Report.

Westbourne, Ashbourne Avenue,  
South Circular Road, Limerick

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M: 087 985 1733  
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Facebook: @childrensgriefcentre  
Twitter: @children\_grief  
Instagram: @childrensgriefcentre

[www.childrensgriefcentre.ie](http://www.childrensgriefcentre.ie)

Social Innovation Fund Ireland  
Animate Healthy Community Award  
Winner 2018



Limerick Person  
of the Year Award  
2017



National Lottery's  
Good Causes Award  
Winner Youth Category 2018



National Lottery's  
Good Causes Award  
Overall Winner 2018

